

# Travel Documents

## Packing

- Check weight/size restrictions/bag limit
- Pack bag so you can carry it
- Update luggage tags/don't use locks
- Pack family photo/especially your children
- Include contact info in children's luggage
- Consider travel climate for clothing needs
- Determine dress/casual wear needs
- Dresses/suits
- Tops/bottoms
- Underwear/socks
- Sleepwear/robe
- Footwear/comfy shoes/shower thongs
- Swimwear/towels/cover-up
- Sunglasses/sunhat/visor
- Raincoat/mini-umbrella
- Alarm clock/watch/jewelry
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## Health/Beauty

- Toothbrush/toothpaste/floss
- Shampoo/conditioner/hairspray
- Brush/hair dryer/curling iron
- Deodorant/moisturizer
- Razor/shaving cream
- Sunscreen/insect repellent
- Tweezers/nail clippers/file
- Q-Tips/cotton balls
- Perfume/cologne
- Cosmetics/mirror
- First aid supplies
- Aspirin/sleep aid/diarrhea medicine
- Glasses/contact lenses/cleaning supplies
- Prescriptions (duplicates)

## Electronics

- Cell phones
- Music player/iPod/DVD player
- Laptop/iPad/tablet
- Plug adapters/voltage converters
- Chargers/batteries
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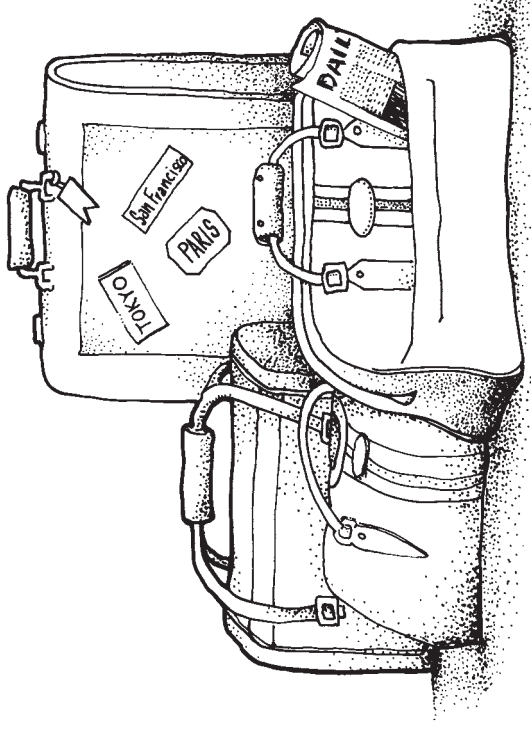
## Travel Check List

### Home Preparation

- Notify family/neighbors
- Leave keys/itinerary/contact info
- Stop newspaper & mail delivery
- Make arrangements for pets/plants
- Pay bills due
- Contact credit card companies on out-of-state travel
- Safely store valuables
- Set up lawn/yard care
- Clean/set refrigerator
- Turn off alarm clock setting
- Set timed lighting systems
- Unplug electronics/appliances
- Clear answering machine
- Set thermostat heat/air
- Turn off faucets/washer/dishwasher
- Check stove/oven
- Close/lock windows
- Close curtains/blinds
- Take out trash
- Lock doors/garage
- Arm security system
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### Carry-On

- Check current carry-on rules
- Passport/Visa
- Picture ID/driver's license
- International driver's permit
- Travel/medical insurance health card
- Vaccination certificate
- Transportation tickets
- Hotel/rental confirmation
- Credit/ATM cards
- Cash/travelers checks
- Foreign currency
- Copies of all important documentation
- Emergency contacts/phone numbers
- Tour books/area maps
- Pain relievers/anti-nausea (no liquids)
- Lip balm
- Ear plugs/sleeping mask
- Neck pillow
- Earphones/book/toys for children
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Vicki Winn, CTA

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